



Termine Fortführung

18.11.2023

Aufnahmeprüfung (Langnau)

Ausbildung www.pi-ch.ch

18.11.2023

Pferd statt Couch (online)

www.ipth.de

22.-26.11.2023

Ausbildung zum/zur ReittherapeutIn/ReitpädagogIn (Online)

www.equi-motion.de

25.11.2023

Erziehungsverhalten und Anliegen von Eltern verstehen

(Online) www.dkthr.de

07.12.2023

Fallsupervision (online)

www.ipth.de

08.12.2023

Fallsupervision (online)

www.ipth.de

24.-28.01.2024

Ausbildung zum/zur ReittherapeutIn/ReitpädagogIn

(Münschecker)

www.equi-motion.de

English Abstracts

Horse-assisted therapy and its impact on core symptoms in children with ADHD – Results of a quasi-experimental intervention study

In the quasi-experimental study on the effect of horse-assisted therapy on children with ADHD, an intervention consisting of 11 therapy units was carried out in the experimental group ($N = 12$). The untreated control group also consisted of 12 children. From the preliminary and follow-up examinations of both groups, 24 data sets were available for evaluation. The pre-post comparison confirmed the assumed and already known positive changes, especially in the area of attention. There was a significant group difference in the improvement of inattention in favor of the experimental group with a high effect size. In accordance with other research results, this can be interpreted cautiously as a therapy effect. There were no corresponding changes and differences in hyperactivity/impulsiveness.

Key words: ADHD, riding therapy, efficacy study

Anzeige



IPTh
Institut für Pferdegestützte Therapie

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