

English Abstracts

Equine-facilitated Coaching of Traumatized Adolescents

Maren Lepthien, Sibylle Friedrich, Martins Feistritzer

This article discusses the question, if Equine-facilitated Coaching could support the therapy of traumatized adolescents. It bases on a one-year study at the University of Hamburg (July 2009 – July 2010), in that six traumatized adolescents – all of them involved in the child and youth welfare system – participated. The evaluation based on a mixed method approach.

Keywords: Equine-facilitated Coaching, Self-efficacy, Trauma Therapy, Child and Youth Welfare

Dressage with handicap in competitive sports. Basic structures and developments

Rebecca Schütte, Meike Riedel

At the World Equestrian Games in Kentucky 2010, for the first time Para-Equestrian – the equitation for people with disabilities worldwide – took place together with the normal athletes. Since May this year, Para-Equestrian has been acknowledged as the eighth discipline of the German Olympic Equestrian Committee. Despite these remarkable developments and successes, the equitation for people with disabilities is being offered only in very few clubs at popular sport and/or competitive sport level.

The following article summarizes general information about the developments and structures of the National Paralympic Committee Germany and the Paralympic Games as well as the classification system of dressage for people with disabilities.

Keywords: Para-Equestrian, Paralympic Games, National Paralympic Committee Germany

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