# **English Abstracts**

## Features of a successful riding therapy - Qualitative documents and video analysis of horse assisted therapy units

#### Annette Gomolla

In a qualitative document and video analysis therapeutic riding units were examined in terms of higher-level features. The documentation of 36 hours riding therapy of different clients and eight videos were included in the analysis. In addition to factors such as security framework and the preparation of the therapeutic setting, ten features have been filtered by a category reduction. These features can

characterize riding therapy events regardless of therapeutic orientation of the individual experts and of the concrete, substantive implementation.

Keywords: Characteristics of riding therapy, quality assurance, quality analysis, therapeutic implementation processes in riding therapy

### Elements of Montessori education in horse assisted therapy - Ways of planning and realization

#### Elisabeth Luderschmid, Andrea Plümäkers

"Help me, to do it myself!" Most of us probably know this famous sentence of the Italian reform educationist Maria Montessori. The Montessori-Education is still relevant today in spite of its long history.

"The child learns through action and experience that it wins by the actions. Therefore, the child needs a special environment and a number of different culture-independent services" (Anderlik 1996).

Many pedagogical concepts have to create artificial offers and environments. A large part of methodical/didactical and philosophical aspects are covered by working with horses and in nature.

There are various similarities to the basic attitudes of horse assisted therapy with the theoretical discussion of Montessori education.

Keywords: Montessori, Montessori education, Horse assisted therapy

### Anzeigen



